



## 12 Tips To Help Transform a Grumbling Child Into a Thankful Child

Do you have a child that, no matter what, always seems to complain, whine, or grumble?

If you have a child who never sees the positive in things, is never satisfied, or likes to complain, we can help our children learn how to give thanks in all situations—according to 1 Thessalonians 5:16-18, having an attitude of gratitude is a huge first step.

Sometimes a child needs to learn how to have trust and faith in the process or situation. The unknowing or misunderstanding can cause a child to whine, complain, or grumble. Remember, there are stories in the Bible about Jesus being mistreated in many situations, but he still trusted and praised the Father. Before he was about to die, he didn't grumble or complain. Instead, he said Father, let your will be done! When we grumble, we are grumbling about the sovereignty of God.

Throughout this episode, Lee Ann discusses the many ways you can start to transform a grumbling heart into a heart that gives thanks in every situation.

Two amazing books to help with grumbling kids: *I Can't Believe You Just Said That*, by Ginger Hubbard & *The Grumble Free Years*, by Tricia Goyer

Additional resources: "[Could Negativity Affect Your Lifespan?](#)" by Stephanie Behling & "[Do Everything Without Grumbling](#)," by Scott Hubbard